

MISSION

“TO ELIMINATE THE IMPACT OF BEHAVIORAL HEALTH PROBLEMS FOR ALL PEOPLE”

THE ANKA WAY

CARING

- Integrated care and person-centered planning
- Home-like facilities
- Recovery in a positive environment

DEPENDABLE

- Serving the community for over 40 years
- Serving nearly 16,000 individuals and their families annually
- Evidence based best practices
- Financially self-sustaining programs

PROFESSIONAL

- CARF accredited
- Cutting-edge employee training
- Award-winning programs and services
- Innovative technology and practices; including Certified Electronic Health Record, Telehealth, and Quality Assurance Systems



West County POWER Clinic
1515 Market Ave. | San Pablo, CA 94806
(510) 232-7571

Call the Access Line to be referred
1-800-846-1652

POWER is a state certified Drug Medi-Cal provider program

POWER Clinic is provided in partnership by:



Anka Behavioral Health, Inc.
Phone: (925) 825-4700 | Fax: (925) 825-2610
Email: info@ankabhi.org | www.ankabhi.org



POWER CLINIC

Drug & Alcohol Intensive
Outpatient Treatment for Adults

San Pablo, CA



1 (800) 846-1652

Call the Access Line for more information

Clients are expected to participate in POWER groups three times per week depending on the level of care they enroll in.

- Assessment and development of individual treatment plan by licensed, caring professionals.
- Individual & Group Counseling
- Case Management & Discharge Planning
- Groups are held twice daily and include the following focuses:
 - Anger Management Groups
 - Relapse Prevention: Matrix Model
 - Co-occurring Disorders Groups
 - Coping Skills: Loss & Grief in Recovery
 - Early Recovery Skills: Matrix Model
 - Relationship Skills in Recovery
 - Parenting Skills
 - Mood Management
 - Communication Skills/Life Skills
- Referral and linkage to public benefits, housing, detox programs, and other local resources and programs.

“POWER has been really helpful for me. I have learned a lot about myself and the tools and coping skills I need to stay sober.” - PB

ABOUT POWER CLINIC

Anka's POWER Clinic provides outpatient and intensive outpatient drug and alcohol recovery and prevention treatment to low-income and disenfranchised individuals, including those experiencing homelessness.

HOURS

POWER groups run throughout the day between the hours of 9:00AM—1:00PM, Monday - Friday.

Closed on Holidays. All sites are accessible by bus.

ELIGIBILITY

To be eligible for POWER services, an individual must meet the following criteria:

- 18 years of age or older.
- Medi-Cal eligible
- Be willing to participate in the intake and assessment process and attend groups multiple times per week
- Clients are referred through the County Access Line **1 (800) 846-1652**